

NUGGETS FOR THE NAVAL FRATERNITY

Commander Y Manjunath



- Don't worry about your future, and know that worrying is as effective as trying to solve an algebra equation by chewing gum. Real troubles are apt to hit you at 4pm on an idle Friday (Saturday for those without a five day week).
- Don't be reckless with other people's hearts. Don't put up with people who are reckless with yours.
- Remember compliments, forget insults.
- Don't feel guilty if you don't know what you want to do with your life. Even those who have retired from Service still don't know what they want to do with theirs.



- Understand that friends come and go, but with a precious few you should hold on. The older you get, the more you need the people who knew you when you were young.
- Accept certain truths. Prices will rise. Politicians will philander. You too will get old. And then you will fantasise that when you were young, prices were reasonable, politicians were noble and children respected elders.
- Don't expect anyone else to support you. May be you have a trust fund. May be you have a wealthy spouse, but you never know when either one might run out.
- Be careful whose advice you take. Advice is a form of nostalgia. Dispensing it is a way of retrieving the past from the dustbin, wiping it off and recycling it for more than it's worth.

ABOUT THE AUTHOR



Cdr Y Manjunath (51236-W) joined the Indian Navy in 1991 after completing his graduation in Electronics & Communication Engineering. His appointments include tenures at ND(V), WRSTG(MB), NOIC(AN), INS TUNIR and on board IN ships Ranjit, Arnala and Mumbai. The Officer is presently posted at DGNP(V).

INS CHILKA



Physical Training

