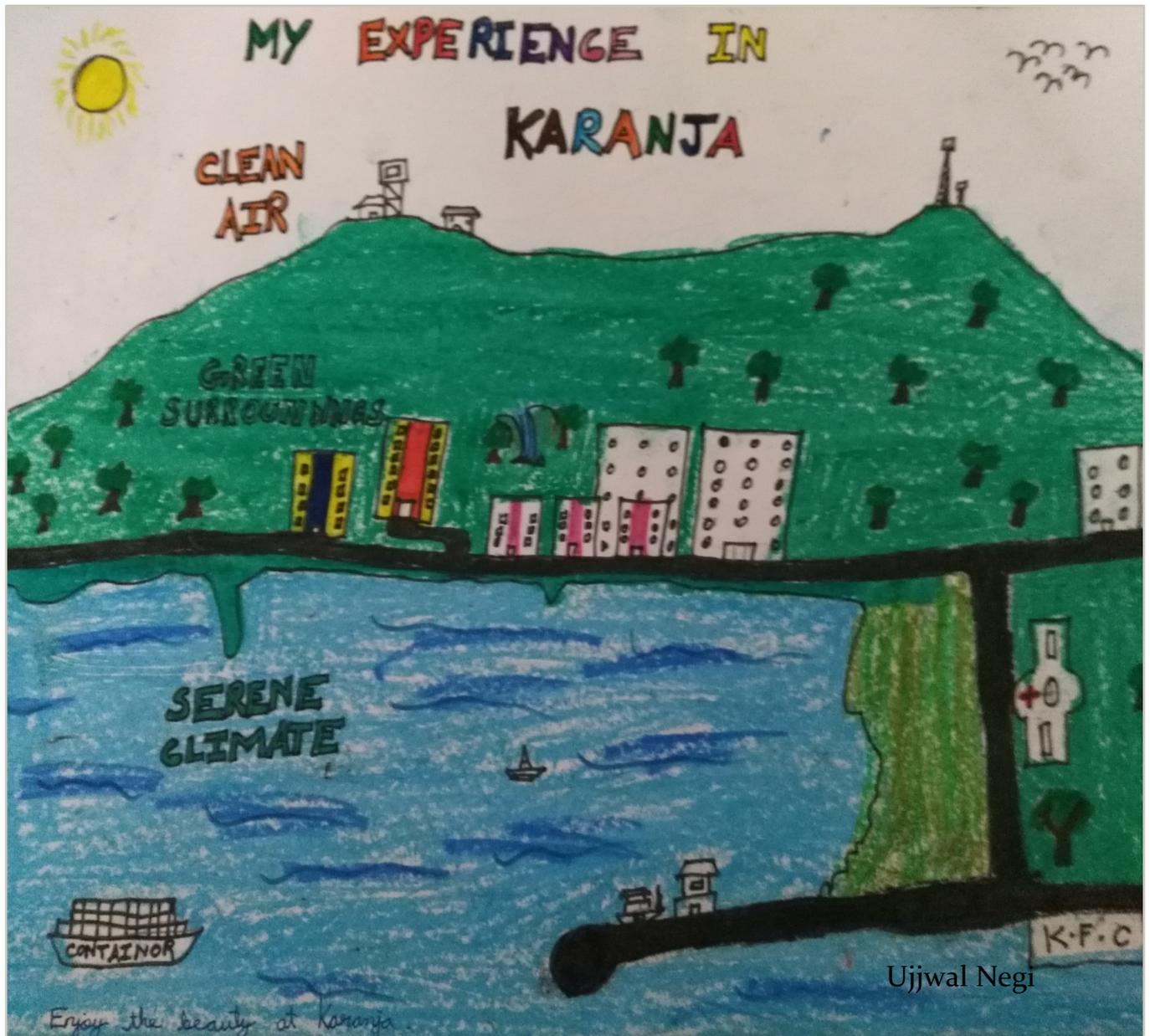


# VARUNI

JULY 2018



## NWWA Karanja

Community helping each other...Being there for each other!!

# Handing Over-Taking Over



*Mrs. Vani Subramaniam takes over from  
Mrs Asha Mathew*



*Committee Members*

# **From the President's desk**



***“UBUNTU”, in African language means “How can one be happy when others are sad, in other words- I am because we are”.***

Dear Friends,

I am honoured to take on the mantle of NWWA President with an earnest endeavour to spread happiness.

Having been associated with this prestigious organisation before, I now look at it through the role of a President in a different light with a whole lot of new responsibilities. But whatever the situation be, it will always be a place where I can share my dreams, discover new talent, inspire and be inspired by the life led here, in this closely-knit station. All of this by women, who like me, are naval wives and understand the roles and responsibilities of being one. Having said this, I seek your wholehearted support, and invite you to contribute to the organisation in whatever way you can, and help me to strengthen NWWA further.

As the famed American self-help author Napoleon Hill puts it, “whatever the mind can conceive and believe, it can achieve”.

Thus, it will be my endeavour to boost the tempo of NWWA activities here and nurture the hidden talents of the ladies by providing them with ample opportunities, and in turn I urge the ladies to attend the various workshops organised by NWWA to hone their skills, while discovering new ones and to teach what they know to those who have not had that chance to learn.

I also take this opportunity to wish the ladies moving out on transfer a very bright future and extend a warm welcome to the new members for whom, I am sure Karanja and its way of life will soon feel like home.

Let us all have the ‘Ubuntu’ attitude to spread happiness wherever we go, which is the core essence of NWWA.

“Let’s have an Ubuntu life”.

***I AM BECAUSE WE ARE.***

**Warmly,**

**Vani Subramaniam**

# Editor's Note



Dear Readers,

Returning to the Varuni editorial team once again, I cannot but acknowledge that every edition of Varuni is dedicated to our vibrant and happening Naval Community, whose contribution is highly appreciated, encouraged and rejoiced.

We welcome our current President, Mrs. Vani Subramaniam, who brings a new fragrance and impetus to NWWA activities to which we assure our whole-hearted support.

It's monsoon time and some frolic in the rain followed by 'Chai-Pakoda' is to be expected. On second thought, so is 'Samosa-Jalebi', 'Chaat-Paapdi' etc.etc..... Do not hesitate to enjoy! But watch out for inconveniencing infections and take some elementary precautions, particularly against water-borne diseases.

NWWA is a wonderful platform for all of us to grow, enjoy and share our views, experiences, talents etc. More activities are scheduled in the coming days and FUN is always a central motive around the formal theme. Looking forward for your active participation and good times.

Best wishes and lets thunder.

**Mrs Ruchi Anand**

**Cover Credits: Paintings by the winners of Poster Making Competition**

# Secretary's Report

Shobhana Gupta

From clean, serene lanes leading to the Deer park, to the coarse path trekking to Volna tower, Karanja has splendour to behold! Green hills as the backdrop complimenting the blue waves of the Arabian Sea; its magnificence can attract even the most impassionate souls towards itself.

Along with new year came new opportunities for me at NWWA Karanja as I took over as the Secretary in the month of January. With the change in seasons, my outlook towards NWWA underwent a tremendous transition. I realised that each Naval wife is ready to stand for each other and cares for each other's wellness in every possible manner.

## Arogya

The group conducted a health quiz on “**Basic health facts and hygiene elements**” for the students at the New English Government School at Mora village on 24 February 2018. As a token of appreciation, the school was given a first aid box.



## Sparsh

Donation drive was conducted by Sparsh on 24 February 2018. Children of the naval fraternity all over Karanja contributed with open hearts and gave away their prized possessions such as books, toys, stationeries and games so that other “Unknown friends” could enjoy them . A HEALTH QUIZ was also conducted for the students on basic health and hygiene.



## Visit by NGO

Sparsh Karanja organised a fun filled event for 38 children from **Committed Communities Development Trust**, an NGO from Mumbai on 27 April 18 who looks after children from the slums of Mumbai. The children were introduced to life at sea through a ride on a Naval ferry to reach Naval Station Karanja. They enjoyed playing games that were conducted by the Sparsh volunteers in the 'Clean Green Serene' surroundings at Nature Park. They visited the Deer



Park after which they were served a sumptuous lunch at Sangini Hall. The children were enthralled after watching the highly motivating video on Indian Navy and the NWWA song. They also interacted with the President and other committee members of NWWA Karanja. The station badge and a goodie bag was presented to every child as a memento .

## Aashirwad

### Keertan at Shiv Mandir

**Aashirwad** conducted a number of activities and celebrations, to the liking of senior citizens. On 29 January 2018, a Keertan was organised at Shiv Mandir for them in the evening hours. A special aarti and prasad were offered to the Almighty. It was indeed an imposing success.

### Holi Celebration

A Holi celebration was also held by the Aashirwad group on 03 March 2018. This festival of joy and colours was thoroughly enjoyed by the senior citizens and the members of NWWA Karanja. The celebrations were graced by the warm presence of Cmde.ML Mathew, Senior Officer Karanja.



### Visit to SiddhiVinayak temple

Adding another feather to their hat, a visit to Siddhi Vinayak Temple was organised for the senior citizens on 7 May 2018. The event was flagged off by the NWWA President Karanja. Tasty and nutritious refreshments were enjoyed by all and they came back with happy and content smiles.



## Jagriti

### Donation drive

A Donation drive was taken up by the kids of Station Karanja where in they donated books, toys, stationery items and games to their anonymous friends.



### Competitions

Jagriti group organised an array of competitions for the children from kindergartens to 8<sup>th</sup> grade. A total of 30 children participated in competitions such as fancy dress (organised for LKG-grade 2<sup>nd</sup> children), drawing and painting (grade 3<sup>rd</sup> to 5<sup>th</sup>) and caricature and creative writing (grade 6<sup>th</sup> to 8<sup>th</sup>). A wave of enthusiasm was clearly visible among all the kids and Prizes were distributed to the winners.



## Prakriti

Spreading the noble message of Reduce, Reuse and Recycle, the group organized a best out of waste competition on 23 April 2018, themed as **‘WASTE TO WOW’**. Ladies transformed simple newspapers into beautiful and spectacular creations using their imaginative minds within the time limit of mere one hour. On the same day, a quiz was conducted on **“rivers, mountains and deserts of India”** for the children of grade 3<sup>rd</sup> to 8<sup>th</sup>, in which all of them took part with zeal.



## Pragati

Pragati group organized a demo on Mocktail Preparation at Sangini hall. The event was conducted by Pratik Kumar, (PO LOG). The ladies enjoyed the process of preparing various mocktails and indulged enthusiastically.



## Other activities

A special Yoga session was held in the morning to celebrate the NWWA Diwas.



**Farewell Milan-** A Milan was organized by NWWA Karanja on 17 Mar 2018 to bid farewell to Mrs. Asha Mathew, President, NWWA Karanja.



**Handing/taking over of President-** Mrs. Asha handed over the reins of President NWWA Karanja to Mrs. Vani Subramaniam on 23 March 2018 and congratulated her on the new appointment.



## **COMMITTEE MEETING**

(1) A farewell for outgoing committee members Mrs Nitinder Dutt and Mrs Jeane Reuben was organised at Sanghani hall.

New committee members Mrs Sumati Ajit, Mrs Sapna Deswal, and Mrs Shobhana Gupta were introduced and welcomed.

A token of appreciation was given to Mrs Sumetri (Kendra in-charge) for her contribution.



(2) Mrs Vani Subramaniam was welcomed by all the committee members. She interacted with the ladies and motivated them to come forward with new ideas and participate in the various activities. She also discussed about all the upcoming events.



(3) Another meeting was held to discuss the AGM Milan and the other group activities for the quarter. President NWWA Karanja also welcomed the new committee members.



## **Coffee Evening**

Ladies of INS Tunir organized a Coffee Evening at Station Mess, Karanja on 04 Jul 18. The evening was aptly named 'Knoti-cal Mile'. The focus of the event was to orient the young wives with life in the Navy. It was conducted by Mrs Ruchi Anand and was well taken. Mrs Sangeeta Vishwanathan, our chief guest gave away the 'Welcome Young Lady' to the new brides.

A 'Hatters Parade' was organized where the participants walked the ramp in their creative and unique hats. Best hatter was chosen. It was an evening to remember and was enjoyed by all.



# Welcome Young ladies Orientation



**Distribution of 'Welcome Young Lady'**



**Orientation is in Progress**



**Guests with the Young Wives**



**Distribution of 'Abhinandan'**



**Thanking Mrs Smita Kale**

# Vignettes of...

AGM MILAN was organised at Shivaji Auditorium on 08 Aug 2018. The chief guests for the event were Mrs Charu Singh, Mrs Renu Joshi, Mrs Smita Kale and Mrs Manju Naithani from WNC.

The Secretary and the Treasurer presented their report. An orientation programme was also conducted for the Sailors` Wives which highlighted the Navy, Naval Uniforms and guidelines on social graces to be inculcated.

A Cultural programme was organised by the ladies and the chief guests interacted with all.



**Welcoming the Guests**



**Unveiling the 'Varuni'**



**Group Song by committee members**



**Play in Action**



**Guests with Participants and Committee**



**Signing of Visitors Book**

# ...AGM Milan



Group Dance



Mrs Charu Singh distributing 'Abhinandan'



Mrs Manju Naithani with the Raffle winners



Mrs Charu Singh addressing the gathering



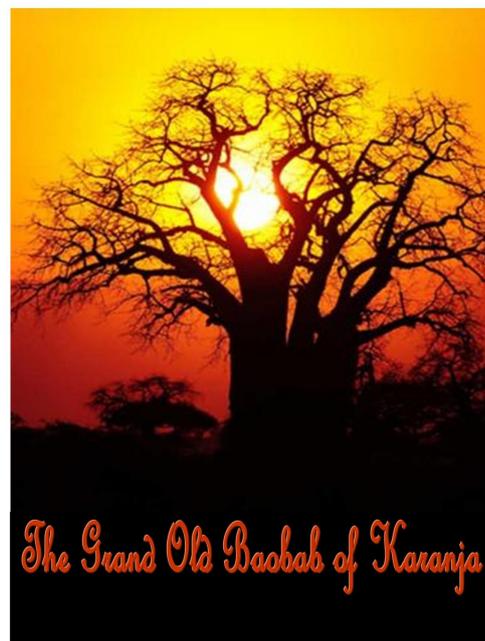
Participants at the foyer

# *The Grand Old Baobab of Karanja*

The grand old tree of Karanja is a point of attraction for every visitor to Karanja. 800 years old and still going strong. The Baobab has literally witnessed the progress of Karanja (and to give a philosophical angle, mankind also) If only it could speak....the grand tales it would say of times gone by. Standing by the sea it has watched the ships sail by. From the sailboats of yore to the modern sleek vessels, it has seen them all.

Here are a few interesting facts about the baobab tree

- ◆ India's folklore holds several theories regarding baobab's arrival to the country. One legend holds that Lord Krishna went to Africa and returned with the seeds, while other Hindu myths allege that the trees came into creation when the demons and gods churned the sea. This swelling and swirling created nine jewels, one of which was the baobab tree. Today, in some regions, locals still refer to the majestic specimens as *kalpvriksha*, or, the wish-fulfilling tree.
- ◆ Arabic folklore has a different baobab legend—it purports that the devil himself flung the tree in the air, and the branches went into the earth while the roots went up into the sky. This legend is perhaps the source of the baobab's other name: the upside down tree. Africans hold a similar myth, although they believe a hyena—not the devil—threw the tree upside down.
- ◆ There are around 120 baobab trees in Mumbai. Fifteen Baobab trees were spotted at Colaba and Navy Nagar, making it the location with maximum number in the city. The one seen opposite Bhabha hospital in Bandra is believed to be about 450 years old. The Baobab tree at Afghan Church is also over 400 years old.
- ◆ Some species of Baobab trees live up to 5000 years. ***By that yardstick our tree is just a Baby Baobab.***



Contributed by  
**Mrs. Sumathi Ajit**

# Healthy Lunch Box

## Oats Moong Toast

### Ingredients:

- 1/2 cup green moong dal (split green gram) , soaked and drained
- 1 1/2 cups roughly chopped coriander (dhania)
- 1/2 cup quick cooking rolled oats
- 1 tbsp finely chopped green chillies
- 1 1/2 tsp lemon juice
- 1/2 tsp baking powder
- 2 pinches sugar, salt to taste.



### Method:

- Combine all ingredients with approx. ½ cup of water in a mixer and blend to a smooth paste.
- Transfer the paste into a bowl and divide it into 8 equal portions. Keep aside.
- Brush 1/8 tsp of oil on one side of each bread slice.
- Place each bread slice on a flat surface, with the brushed side facing downwards and spread a portion of the topping evenly over it.
- Place each open sandwich on a non-stick tava (griddle) with the prepared topping side facing downwards and cook, using ¼ tsp of oil, till the topping turns golden brown in colour.
- Turn over and cook on the other side till it turns golden brown in colour.
- Cut each toast into 4 equal triangles and serve immediately

Contributed by  
**Deepika Kankarwal**

# NWWA Karanja Activities



**Post Mocktail Demonstration**



**Holi Celebration with Sr. Citizen**



**Kirtan at Shiv Mandir**



**Participants of Poster Making Competition**



**Donation Drive at Mora School**



**CCDT Children Enjoying in Karanja**



**Yoga Session on NWWA Diwas**



**Distribution of Prizes to the winners of Prakriti Group Event**



**Committed Communities Development Trust visiting the Base**

# Coffee Evening



# Milan



**Farewell Milan for Mrs Asha Mathew**



**Sports Milan at Eco Park**

# VIP Visits



With Mrs Belina Kiran



With Mrs Sangeeta Vishwanathan



Mrs Neelima Behl interacting with Station Ladies



Calling on by Mrs Poonam Jotwani



Guests for Milan at Station Mess

# **Childhood**

**Childhood...**

**It was the time when:**

**I drew a star instead of a heart,**

**My dreams were of gifts on a cart.**

**My butterfly like ambitions flew in my dream,**

**I imagined of a never melting ice-cream.**

**O! those lovely days:**

**When exploring out under the sun was our very own adventure,**

**But going out to play without doing your homework was a risky venture.**

**In those days:**

**Pups and kittens would make us squeal with excitement,**

**And urging your sibling to steal that chocolate was equal to incitement.**

**It was when:**

**Heels on the feet and bow tie on the collar**

**Made us feel like adults on the threshold of power.**

**But alas! wearing dungarees and getting into pyjamas as stars appear**

**Made our feelings of grandeur disappear.**

**Manvi Shikahar Gupta**

# अध्यक्षा के कलम से



'उंबुटू' अफ्रीकी भाषा का एक शब्द है जिसका अर्थ है "दूसरों के उदास होने पर कोई कैसे खुश हो सकता है, दूसरे शब्दों में- मैं इसलिए हूँ क्योंकि आप हैं"।

प्रिय मित्रों,

मैं खुशी फैलाने के लिए एक ईमानदार प्रयास के साथ नवा अध्यक्ष की जिम्मेदारी के लिए स्वयं को सम्मानित एवं कृतज्ञ महसूस करती हूँ।

मैं इस प्रतिष्ठित संगठन से पहले भी जुड़ी थी, अब मैं पूरी तरह से नई जिम्मेदारियों के साथ एक अलग प्रकाश में एक अध्यक्ष की भूमिका के माध्यम से इसे देखती हूँ। लेकिन जो कुछ भी स्थिति हो, वह हमेशा ऐसी होगी जहाँ मैं अपने सपनों को साझा कर सकती हूँ, नई प्रतिभाओं को खोज सकती हूँ, इस संगठित पारिवारिक स्टेशन के जीवन से मैं प्रेरित हूँ। इन सब महिलाओं द्वारा, जो मुझे पसंद करती हैं, नौसैनिक पत्नियाँ हैं जो एक होने की भूमिका और जिम्मेदारियों को समझती हैं। इस रिश्ते को अटूट बनाने और संगठन को प्रबल करने के लिए मैं आपके पूर्ण सहयोग व योगदान के लिए आपको निमंत्रित करती हूँ।

जैसा कि प्रसिद्ध अमेरिकी लेखक नेपोलियन हिल ने कहा, "जो मन ग्रहण कर लेता है, विश्वास करता है वह सबकुछ प्राप्त कर सकता है"।

इसी प्रकार, नवा गतिविधियों की गति को बढ़ावा देने और महिलाओं की छिपी प्रतिभाओं को पर्याप्त अवसर प्रदान करने में मेरा पूरा प्रयास रहेगा। बदले में महिलाओं को अपने कौशल को बढ़ाने के लिए नवा द्वारा आयोजित विभिन्न कार्यशालाओं में भाग लेने का आग्रह करती हूँ। मैं आपसे यह भी निवेदन करती हूँ कि आप नवा मंच के जरिये अपनी योग्यताओं को बाँटें और नए-नए हुनर सीखें।

मैं इस अवसर पर तबादला जानेवाली महिलाओं के उज्ज्वल भविष्य की कामना करती हूँ और नए सदस्यों का तहे दिल से स्वागत करती हूँ, मुझे यकीन है कि शीघ्र ही आपको करंजा और यहाँ के जीवन में परिवार जैसा अनुभव होगा।

आइए हम सभी जहाँ भी जाएँ, खुशी को फैलाने का 'उंबुटू' रवैया अपनाए जो नवा संगठन का मुख्य सार है।

"चलो एक 'उंबुटू' जीवन जिएँ"।

आप लोग हैं, इसलिए मैं हूँ।

आपकी

वाणी सुब्रमण्यम

## करंजा मे गर्व से



मन मष्तिस्क के स्मृति पटल पर पड़ा,  
वह अनुभव भी अनोखा और अलबेला था ।  
तबादले तनिक तो देखे हैं नौसैनिक जीवन मे, बहुत,  
ये वाला बाकी से अमिट, अनूठा और पहला था ॥

उमंग हृदय मे मचल रही थी,  
अंततः माया नगरी जा रहे हैं ।  
मित्र, बहुत इंतज़ार किया हैं हमने भी,  
अब सुप्त सपनों को साकार रहे हैं ॥

पहुंचे झटपट अरब तट पर तो,  
मन शंका से बोराय गया ।  
माया-नगरी तो दिखी ही नहीं,  
मित्र तू ये कहा आय गया !

संतुष्टि-संतोष धन हैं अमूल्य जीवन का,  
बुजर्गों ने भी ज्ञान प्रदान किया ।  
होता हैं जो भी, अच्छे के लिए ही, हे प्रियवर !  
'आर्य' सुवचन का साक्षात्कार किया ॥

चिर-चिराग से विरक्त रिक्त सा,  
दुविधा से मन घिर गया ।  
अब क्या मंजिल-मंथन करेगा राहगीर ?  
जो होना था सो हो गया !

उत्पात सा हुआ अचानक, शंख-उद्घोष सा नाद हुआ,  
विकट-विशालकाय, भीषण-भयंकर, छाया से रूब-ओ-  
रूब गए ।  
विस्मित चक्षु, भ्रम-भँवर से, उभर ही रहे थे कि,  
'मनोहर-मनोरम' नाम देख कर, सुप्त सागर मे फिर  
से डूब गए

चलो भाई कर लेते हैं आनंद, नौका-विहार का पेय-प्रांगण मे ।  
यह भी हिस्सा था अनूठे अनुभव का, अरब सागर के आँगन  
मे ॥

नूतन-नीर के थपेड़ो से, 'मनोरम' नौका विभोर हो गयी ।  
हिचकोले ले रही थी ऐसे मानो, मातृ-आँचल मे सो गयी ॥

दूर-द्रष्टि अवलोकन करके, चहु ओर नजर फिराई ।  
जल ही जल पसरा पड़ा था, और कुछ ना दिया दिखाई ॥  
'मनोरम' कि गति भी अब तक, चिर-निद्रा मे सिमट गयी  
करंजा द्वीप दिखाई दिया, जो थोड़ी और निकट गयी ॥

मुसाफिर हम अकेले ही नहीं थे नाव मे,  
सहस्र आंखे ताक रह रही थी ।  
करंजा कि हरियाली, स्वच्छता और सुंदरता को मानो,  
निर्णायक आंकड़ो मे आंक रही थी ॥

स्वागत हुआ सबका नौका तट पर,  
और साक्षात्कार पर्यावरण-पर्व से।  
धरणी यह हैं भाई मातृ-तुल्य,  
रहो 'करंजा मे, गर्व से' ॥

शंकाओ के बादल अब तक, थोड़े-थोड़े से छट गए थे ।  
अधीरता के चिन्ह भी, मष्तिस्क पटल से हट गए थे ॥  
मुफ्त कीजिये घर तक का सफर, बस परिवहन दिया हुआ  
हर घंटे के अंतराल मे, नौका प्रबंधन किया हुआ ॥

हर किसी को यहा दुनियाँ मे, मुक्कमल जहां नही मिलता,  
रह गयी यह बात अब, पुराणो मे लिखी पुरानी ।  
नित रोज करती क्रीडा प्रकृति इस धरा पर,  
सौहार्दय और भाईचारे से भरी, करंजा की कहानी ॥

श्रीमती आशा दुर्गेश

# हिन्दी भाषा

प्रकृती की पहली ध्वनी ॐ है  
मेरी हिन्दी भाषा भी,इसी ॐ की देन है ।  
देवनागरी लिपि है इसकी, देवो की कलम से उपजी  
बांगला,गुजराती,भोजपुरी डोगरी,पंजाबी और कई  
हिन्दी ही है इन सब की जननी ।

प्रकृती की हर इक चीज़ अपने में सम्पूर्ण है  
मेरी हिन्दी भाषा भी अपने में सम्पूर्ण है ।

जो बोलते हैं वही लिखते हैं,  
मन के भाव सही उभरते हैं ।

हिन्दी भाषा ही तुम्हे,प्रकृती के समीप ले जाएगी,  
मन की शुद्धि तन की शुद्धि, सहायक यह बन जाएगा ।

कुछ हवा चली है ऐसी यहाँ

कहते है इस मातृभाषा को बदल डालो ।

बदल सको क्या तुम अपनी माता को ?

मातृभाषा का क्यों बदलाव करो ।

देवो की भाषा का क्यों तुम तिरस्कार करो ।

बदल सको तो तुम अपनी सोच को बदल डालो

हर इक भाषा का तुम दिल से सम्मान करो

हिन्द की जड़ो पर आओ हम गर्व करें

हिन्दी भाषा पर आओ हम गर्व करें ।

# Family Welfare Centre

## Classes Conducted at FWC

<u>Sl</u>	<u>CLASSES</u>	<u>NAME</u>	<u>DAYS</u>	<u>TIMING</u>
1	Dance (Children) All Types (Except Classical)	Mr. Shiba Ram Sethi- 9757354482	Mon to Thu	5 pm - 6 pm
2	Dance (Ladies) All Types (Except Classical)	Mr. Shiba Ram Sethi- 9757354482	Mon to Thu	4 pm - 5 pm
3	Martial Art (Children)	Mr Nilesh Jadhav- 9869990431	Tue to Wed	4 pm - 6 pm
4	Tailoring (Ladies)	Mrs Kanta- 9969943881	Mon to Fri	10 am - 12 pm
5	Music (Keyboard) (Children)	Mr. Melwyn Fernandes- 9869743677	Mon to Thu	4 pm - 5 pm
6	Bharatnatyam (Children & ladies)	Mrs. Ruchika & Miss Bhavika- 9320038313	Mon, Tue & Thu	6 pm - 7 pm
7	Badminton	Mr Prakash Dhasade- 8655532291	Mon to Sat	4 pm - 5pm
8	Creche(Early Birds)	Mrs. Shammi Rajput- 9969520770	Mon to Fri	9 am - 12:30 pm
9	Vocal Music	Mrs. Malathi Thapa- 8281923489	Mon, Tue & Fri	5 pm - 6 pm
10	Beuaty Parlour	Mrs. Krishna Sharma- 9969898953	Mon to Fri	10 am- 12:30 pm
11	Spoken English Classes	Mrs. Myna & Mrs. Rita- 7511	Mon to Fri	09:15 am - 11:15 am
12	Yoga	Mrs. Vina Kumari- 9969145705	Mon, Wed & Fri	5 pm - 6 pm
13	Gurukul	Mr. Qureshi- 9167783273	Mon to Thu, Sat & Sun	4pm-8pm

### COMMUNITY SUPPORT SERVICES

- ◆ Saundarya - Beauty Parlour
- ◆ Udyogika - Tailoring Services
- ◆ Library
- ◆ Sakhi - Counseling

# Committee Members

## Core Committee

<b>Mrs Vani Subramaniam</b>	<b>President</b>
<b>Mrs Sumathi Ajit</b>	<b>Vice-President</b>
<b>Mrs Shobhana Gupta</b>	<b>Secretary</b>
<b>Mrs Sapna Deswal</b>	<b>Treasurer</b>

## Group Coordinators

<u>Group</u>	<u>Coordinator</u>	<u>Activity Coordinator</u>	<u>Members</u>
<b>Samudri</b>	Mrs Rachna Bhatia	Mrs Pratiksha Konungo Mrs Shruti Bharadwaj	Mrs Anil Chauhan Mrs Rajwanti Malik
<b>Sanchar</b>	Mrs Ruchi Anand	Mrs Gayatri Ratish Mrs Asha Durgesh	-
<b>Arogya</b>	Dr. (Mrs) Monica Chaudhary	Mrs Deepa Bisht	Mrs Shila
<b>Sparsh</b>	Mrs Sandhya Paniker	Mrs Deepika Kankarwal	Mrs Vina Kumari
<b>Pragati</b>	Mrs Sumathi Ajit	Mrs Geeta Vinod Mrs Nilam Negi	Mrs Pushpa
<b>Jagriti</b>	Mrs Neha Alok	Mrs Priyanka Tiwari	Mrs Sujata Patil
<b>Prakriti</b>	Mrs Nidhi Rana	Mrs Priyanka Kothawade	Mrs Promila
<b>Aashirwad</b>	Mrs Jamuna Babu	Mrs Pooja Kant	Mrs Kanta
<b>TOI Spoken English</b>	Mrs Mina Chetri	Mrs Rita Sahoo	-
<b>Saundarya</b>	Mrs Vandana Dutt	Mrs Krishna	-
<b>Early Birds</b>	Mrs Grace Koshy		-



K Sailaja Std 8



Pratham Std 5